

Report on the Attorney General's Survey of Health Clubs Concerning the Presence of Automated External Defibrillators and CPR Equipment

General Business Law Section 627-a, which went into effect in July, 2005, requires that all health clubs with 500 or more members have an automated external defibrillator (AED) on their premises and at least one employee or authorized volunteer who holds a valid certification to operate an AED and perform cardiopulmonary resuscitation (CPR) during business hours. This statute, together with New York Public Health Law Section 3000-d, which requires public places to maintain resuscitation equipment and post signs indicating the availability and location of CPR equipment, demonstrates the Legislature's intent to ensure a higher level of safety for the millions of New Yorkers who belong to health clubs.

The most current statistics indicate that in 2004, total U.S. health club memberships grew to 41.3 million members. Moreover, in 2004, the population of health club members over the age of 55 passed 10 million, representing an increase of 562% since¹ Middle-aged baby boomers and seniors alike are participating in the national trend to gain and maintain overall health and weight control with regular exercise. Because health clubs are places where individuals intentionally raise their heart rates through physical exertion, the chance of cardiac arrest increases.

According to the American Heart Association, almost one million adult Americans die from cardiovascular disease each year, making it the leading cause of death in the United States. Annually, over 250,000 Americans die of sudden cardiac arrest (SCA) before they reach a² In many cases, SCA is caused by an abnormal heart rhythm called ventricular fibrillation that prevents the heart from pumping blood. Many lives can be saved if CPR and defibrillation with an AED are provided within four to six minutes of the onset of SCA. According to the National Center for Early Defibrillation, studies have shown that if a victim is defibrillated within 1 minute of SCA, the chances of survival can be greater than 90 percent. For each minute that passes without CPR and defibrillation, the chance of survival decreases 7% to 10%. Since the typical time between a call to the emergency medical services (EMS) system and arrival at the victim's side is reportedly greater than 5 minutes, achieving higher survival rates depends on having defibrillation equipment and trained personnel at the location.³

CPR is a combination of rescue breathing (mouth-to-mouth or mouth-to-mask resuscitation) and chest compressions delivered to victims thought to be in cardiac arrest. CPR can keep a victim alive until normal heart function is restored. Defibrillation is the delivery of an electric shock to the heart that stops ventricular fibrillation and allows a normal heart rhythm to resume.

An automated external defibrillator is a medical device that is capable of recognizing the

presence or absence in an individual of ventricular fibrillation and is capable of determining, without intervention by an operator, whether defibrillation should be performed on the individual. If it is determined that defibrillation should be performed, the device automatically charges itself and, upon action by an operator, delivers an appropriate electrical shock to the individual's heart to perform defibrillation. Early defibrillation may be critical to survival from sudden cardiac arrest.

In New York State, 2,314,000 residents over the age of 18 belong to health clubs, ranking New York in the top half of states in terms of the number of health club memberships.⁴ To raise awareness of the effectiveness of CPR and AED, assess compliance with the statutes discussed above, and encourage health clubs to provide members with the safety equipment and expertise required by law, the New York State Attorney General's Office surveyed health clubs in all regions of the State. The results of the survey confirm that while many health clubs are aware of their duties and obligations under the law, a significant number of them are not in compliance with one or both of these life saving statutes and are failing to adequately protect their members.

The Attorney General sent survey forms to **319** health clubs, as that term is broadly defined in section 3000-d(1)(b) of the Public Health Law. The survey was designed to determine whether a health club was in compliance with section 627-a of the General Business law and section 3000-d of the Public Health Law. The clubs were asked to respond by a specific date. After that date had passed, the Attorney General sent reminder notices to those clubs which had not yet responded. Subsequently, calls were made to the managers or owners of some of the clubs which continued to ignore the Attorney General's request for information.

The Attorney General received **231** responses to the survey. These responses indicate that **87** of the clubs have more than 500 members and are, therefore, required to have an AED on their premises and at least one individual who holds a valid certification to operate an AED and perform cardiopulmonary resuscitation (CPR); **70** satisfy these requirements;

17 do not. **80** of the responses indicated that they had CPR equipment at the club and signs indicating the equipment is available. **151** did not. In total, **78** or **34%** of the clubs were in compliance with both statutes and **153** or **66%** were violating one or the other or both.

Set forth below are the names and address of the health clubs that: (1) failed to respond to the Attorney general's survey, (2) met the requirements of GBL sec. 627-a, (3) did not meet the requirements of GBL sec 627-a, (4) are in compliance with sec 3000-d of the Public Health Law, and (5) are not in compliance with sec 3000-d of the Public Health Law.

Health Clubs That Failed to Answer the Attorney General's Health Club Survey

New York Sports Club, 4 City Center, White Plains, New York 10601
Ab-Solute Fitness, Route 11E, Malone, New York 12953
Global Fitness & Martial Arts, 4253 Route 11, Champlain, New York 12919
Heart to Heart Fitness Center, 7 Frogtown Road, Hogansburg, New York 13655
Hometown Fitness & Health Center, 30 Bouck Street, Dannemora, New York 12929
YMCA, 17 Oak Street, Plattsburgh, New York
Gladiator Health Club, Inc., 82-24 Northern Blvd., Jackson Heights, New York 11374
Empire Fitness, 2825 Nostrand Avenue, Brooklyn, New York 11229
Dolphin Fitness, 3050 Whitestone Expy, Flushing, New York 11354
New York Sports Club, 110 Boerum Place, Brooklyn, New York 11201
Ultimate Strength Center, 6370 Woodhaven Blvd., Flushing, New York 11374
Empire Gymnastics, 122 Pleasant Avenue, Frankfort, New York 13340
Function Better, 4460 Commercial Drive, New Hartford, New York 13413
Function Better, 402 Mohawk Street, Herkimer, New York 13350
YMCA, 301 Bloomfield Road, Rome, New York 13440
Full Life Fitness, 609 West Clinton Street, Ithaca, New York 14850
New York Sports Club, 6136 Jericho Turnpike, Commack, New York 11725
Gold Medal Gymnastics, 266 Pulaski Road #2, Greenlawn, New York 11740
New Millenium Gymnastics and Cheerleading Center, 62 Route 25A, E. Setauket, NY 11733
Equinox, 2465 Broadway, New York, New York 10025
Golds Gym, 3060 Westchester Avenue, Bronx, New York 10461
Gotham Condo, 170 East 87th Street, New York, New York 10128
Synergy, 78 West 125th Street, New York, New York 10027
Synergy, 1781 Second Avenue, New York, New York 10451

Specialize Fitness and Nutrition, 104 West 145th Street, New York, New York 10039
Urban Total Fitness, 2328 Grand Concourse, Bronx, New York 10451
American Self Defense Studios, 3259 Winton Road , Rochester, NY 14623-2969
Amos Postwaite Karate & Kung Fu, 42 Nichols Street, Spencerport, NY 14559
Atlas Health & Fitness, Inc., 42 Nichols Street, Spencerport, NY 14559
Avon Fitness & Tanning, 118 Genesee Street, Avon, NY 14414-1206
Bright Raven Gymnastics, Inc., 12 Pixley Industrial Parkway, Rochester, NY 14624-2364
Champion Martial Arts, 79 Genesee Street, Avon, NY 14414-1219
Curves for Women, 1655 Mount Hope Avenue, Rochester, NY 14620-4547
Curves for Women, 2761 East Henrietta Road, Henrietta, NY 14467
Curves for Women, 1855 Monroe Avenue, Rochester, NY 14618-1921
Curves for Women, 6385 State Route 96, Victor, NY 14564
Curves for Women, 30 Commercial Street, Livonia, NY 14487
Curves, 2109 US Route 20, Seneca Falls, NY 13148
Curves, 2001 State Route 104, Ontario, NY 14519
Curves, 224 East Main Street, Palmyra, NY 14522
Curves, 9½ East William Street, Bath, NY 14810
Curves by Missy, 2340 Lyell Avenue, Rochester, NY 14606-5738
The Fitness Studio of Pittsford, 2851 Clover Street, Rochester, NY 14534-1711
G & G Fitness, 2695 West Ridge Road, Rochester, NY 14626-3002

Goaler One Athletics, 341 Medley Centre Parkway, Rochester, NY 14622-2471
Gold School Unified Tae Kwon, 24 Seneca Avenue, Rochester, NY 14621-2317
Gold's Gym, 1250 Scottsville Road, Rochester, NY 14624
Gymboree Play & Music, 2851 Clover Road, Pittsford, NY 14534
Harp Karate, 80 Rockwood Place, Rochester, NY 14610-2600
Healthhex Incorporated, 27 Maple Avenue, Victor, NY 14564
Institute of Martial Excellences, 2851 Clover Street, Pittsford, NY 14534-1711
James Merolillo Kung Fu Studio, 183 Saint Paul Street, Suite #181, Rochester, NY 14604-1127
Kim Murray's Karate Academy, 4410 Dewey Avenue, Rochester, NY 14616-1224
Kim Murray's Karate Academy, 1 Lomb Memorial Drive, Rochester, NY 14623-5603
Mendon Academy of Martial Arts, 1338 Pittsford-Mendon Road, Mendon, NY 14506-9732
Merolillo James Kung Fu Studio, 183 St. Paul Street, Rochester, NY 14604-1161
Northeastern Martial Arts, 3240 Chili Avenue, Rochester, NY 14624-5438
Penev's Gymnastics, 131 Despatch Drive, East Rochester, NY 14445-1447
Renaissance Martial Arts, 34 Elton Street, Rochester, NY 14607-1219
Rising Sun Kids Academy, 1350 Pittsford-Mendon Road, Mendon, NY 14506-9732
Rochester Athletic Clubs, 190 Greece Ridge Center Drive, Rochester, NY 14626
Rochester Athletic Clubs, 21 Goodway Drive, Rochester, NY 14623
Rochester Athletic Clubs, 3400 Monroe Avenue, Rochester, NY 14618
Rochester Athletic Clubs, 1544 Ridge Road West, Rochester, NY 1461
Senior First Communities & Services, 1570 East Avenue, Rochester, NY 14610-1610
USA Karate, 388 Mason Road, Fairport, NY 14450-9542
Williams Martial Arts Academy, 5110 West Ridge Road, Spencerport, NY 14559

Wisdom Karate Academy, 212 Webster Avenue, Rochester, NY 14609-5160
Work Out World, LLC, 4423 Dewey Avenue, Rochester, NY 14616-1223
YMCA of Greater Rochester, 444 East Main, Rochester, NY 14604-2508
YMCA of Greater Rochester, 920 Elmgrove Road, Rochester, NY 14624
YMCA of Greater Rochester, 1209 Bay Road, Webster, NY 14580
YMCA of Greater Rochester, 444 East Main Street, Rochester, NY 14604-2508
YMCA of Greater Rochester, 25 Driving Park Avenue, Rochester, NY 14604-2508
YMCA of Greater Rochester, 797 Monroe Avenue, Rochester, NY 14607-3216
YMCA of Greater Rochester, 111 East Jefferson Road, Pittsford, NY 14534-2321
YMCA of Greater Rochester, 597 Thurston Road, Rochester, NY 14619-2154
YMCA of Greater Rochester, 200 South High Street, Victor, NY 14564-1120
YMCA of Greater Rochester, 730 Long Pond Road, Rochester, NY 14612-3010
Hudson Valley Sports Club, 2593 Route 52, Hopewell Junction, New York 12533
Dolphin Fitness, 51 Frost Street, Westbury, New York 11590
Equinox, 90 Northern Boulevard, Greenvale, New York 11548
Gold's Gym, 2060 Bellmore Avenue, Bellmore, New York 11710
LA Fitness Sports Clubs, 1111 Marcus Avenue, New Hyde Park, New York 11040
New York Sports Club, 15 Barstow Road, Great Neck, New York 11023
Powerhouse Gym, 1749 Grand Avenue, Baldwin, New York 11510
Synergy Fitness, 410 Conklin Street, Farmingdale, New York 11735
LA Weight Loss, 1283 Arsenal Street, Watertown, New York 13601

Health Clubs That Met the Requirements of Sec 627-a of the General Business Law

Gold's Gym, 7455 Morgan Road, Liverpool, New York 13088
Aspen Athletic Club, 5885 E. Circle Drive, Cicero, New York 13041
YMCA , 249 W. 1st Street, Oswego, New York 13126
Center for Lifetime Wellness, 435 East Henrietta Road, Rochester, New York 14620
Downtown Fitness Club, 50 Chestnut Street, Rochester, New York 14604
Flex Gym & Aerobics Center, 605 Culver Road, Rochester, New York 14609
Gold's Gym, 726 Ridge Road East, Rochester, New York 14621
Health Works Wellness & Fitness Center, 176 Denison Parkway East, Corning, New York 14830
Iron Butterfly Health Club, LLC, 7493 Route 96 Pittsford-Victor Road, Victor, New York 14564
The Little Gym of Perinton-Pittsford, 6720 Pittsford-Palmyra Road, Fairport, New York 14450
King's Athletic Club, 48 South Estate Drive, Webster, New York 14580
Lifetime Fitness Inc., 2200 Penfield Road, Penfield, New York 14526
Mid-Town Athletic Club, 200 East Highland Drive, Rochester, New York 14610
Penfield Racquet & Fitness Club, 667 Panorama Trail West, Rochester, New York 14625
PHA Health Wellness & Fitness Center, 33450 Winton Place, Rochester, New York 14623
Rochester Fitness Center, 3313 Chili Avenue, Rochester, New York 14624
Wayne Health & Fitness Center, 175 West Shore Blvd., Newark, New York 14513
World Gym of Rochester, 1717 East Avenue, Rochester, New York 14610
World Gym of Webster, 187 West Main Street, Webster, New York 14580
Lake Placid Health & Fitness, 1954 Saranac Avenue, Lake Placid, New York 12946
The Court Club, 411 Route 3, Plattsburgh, New York 12901
Lucille Roberts, 1745 Central Avenue, Yonkers, New York
Lucille Roberts, 240 West Route 59, Nanuet, New York
Saw Mill Club , 77 Kensico Drive, Mt. Kisco, New York
Sportsplex - New Windsor, 2902 Route 9W, New Windsor, New York
Women for Fitness, 170 Harris Road, Bedford Hills, New York
Bally Total Fitness
33 LeCount Place, New Rochelle, New York
260 Boston Post Road, Port Chester, New York
589 Tuckahoe Road, Yonkers, New York
47 Riverside Drive, Johnson City, New York
9661 Carousel Center Drive, Syracuse, New York
3880 E. Robinson Road, Amherst, New York
1147 Sunrise Highway, Copiague, New York
298 West 231st Street, Bronx, New York
2935 Hempstead Turnpike, Levittown, New York
1225 Jefferson Road, Rochester, New York
3160 Ridge Road West, Rochester, New York
Gold's Gym, 160 Route 52, Carmel, New York
J's Big Gym, 625 West 181st Street, New York, New York
Gotham City Fitness, 2233 Westchester Avenue, Bronx, New York 10462

Astral Fitness And Wellness Center, 5500 Broadway, Bronx, New York 10463
NYC Fitness, 3552 Broadway, New York, New York 10031
Lucille Roberts, 1387 St. Nicolas Avenue, New York, New York 10033
Planet Fitness, 145 New Hartford Road, New Hartford, New York 13413
Power House Gym, 1307 Champlin Avenue, Utica, New York 13501
Buffalo Athletic Center, 69 Delaware Avenue, Buffalo, New York 14202
Gold's Gym, 1402 French Road, Depew, New York 14043
World's Gym, 5435 Sheridan Drive, Williamsville, New York 14068
Village Glen, 162 Mill Street, Williamsville, New York 14068
Jewish Community Center of Greater Buffalo, Inc., 2640 N. Forest Rd., Williamsville, NY
YMCA of Greater Buffalo, 280 Cayuga Road, Cheektowaga, New York 14225
Astoria Sports Complex, Inc., 34-38th Street, Astoria, New York 11101
Body Elite, Ltd., 348 Court Street, Brooklyn, New York 11231
Curves International, 52 Court Street, Brooklyn, New York 11201
Lucille Roberts, 32-62 Steinway Street, Long Island City, New York 11103
Courtside Racquet & Fitness Club, 380 Pine Tree Road, Ithaca, New York 14850
American Family Fitness Center, 1806-1808 Vestal Parkway East, Vestal, New York 13850
Sportime, 275 Old Indian Head Road, Kings Park, New York 11754
Lucille Roberts, 197 William Floyd Parkway, Shirley, New York 11967
World Gym, 15 Hawkins Avenue, Amityville, New York 11701
Eastern Athletics, 854 Jericho Turnpike, Dix Hills, New York 1174
World Gym, 54 Grand Street, Newburgh, New York
Allsport, 234 North Road, Poughkeepsie, New York 12601
Gold's Gym, 15 Racquet Road, Newburgh, New York 12560
Gold's Gym, 982 Main Street, Fishkill, New York 12524
Gold's Gym, 258 Titusville Road, Poughkeepsie, New York 12603
Fitness Factory, 36 Forestburgh Road, Monticello, New York 12701
Cani Fitness Center, 19472 US Route 11, Watertown, New York 13601
World Gym of Wantagh/Wantagh Racquet Sports, Inc., 3728 Park Ave., Wantagh, New York
Sunrise Health & Racquet Club, LLC, 6000 Sunrise Highway, Massapequa, New York 11758

Health Clubs That Did Not Meet the Requirements of Sec 627-a of the General Business Law

Champions For Life Sports Center, 453 Grant Avenue Road, Auburn, New York 13021
Fitness Warehouse, 54 Canning Road, Hilton, New York 14468
Northern Hemisphere Gymnastics, 82 East Main Street, Webster, New York 14580
New York Sport & Fitness, 134 W. Water Street, Elmira, New York 14901
Stumpf's Gym, 2187 Wehrle Drive, Williamsville, New York 14221
Master Chong World Class Taw Kwon Do Center, 5921 Transit Rd., Williamsville, New York
Dolphin Fitness, 88 Merrick Road, Amityville, New York 11701
The Fitness Mill LLC, 587 Main Street, New York Mills, New York 13417
Curves for Women, 142 Black River Blvd., Rome, New York 13440

Court Jester Athletic Club, 216 Reynolds Road, Johnson City, New York 13790
Kosher Gym of NY, Inc., 1800 Coney Island Avenue, Brooklyn, New York 11230
Powerhouse Gym, 750 Central Park Avenue, Yonkers, New York 10705
Powerhouse Gym, 1626 Bronx Dale Avenue, Bronx, New York 10462
The Skyclub, 5701 Arlington Avenue, Bronx, New York 10471
Town Sports Int'l./New York Sports Club, 2311 Frederick Douglas Blvd., New York, NY
Curves, 5037 Broadway, New York, New York 10034
Tennis Club of Riverdale, 2600 Netherland Avenue, Bronx, New York 10463

Health Clubs in Compliance with Sec. 3000-d of the Public Health Law

Lake Placid Health & Fitness, 1954 Saranac Avenue, Lake Placid, New York
The Court Club, 411 Route 3, Plattsburgh, New York
Champlain Valley Fitness & Health Center, 26 Plattsburgh Plaza, Plattsburgh, New York
New Image Health & Fitness, 958 W. 1st St., S, Fulton, New York
Gold's Gym, 7455 Morgan Road, Liverpool, New York
Aspen Athletic Club, 5885 E. Circle Drive, Cicero, New York
YMCA, 249 W. 1st Street, Oswego, New York
Lucille Roberts, 1745 Central Avenue, Yonkers, New York
Lucille Roberts, 240 West Route 59, Nanuet, New York
Gold's Gym, 160 Route 52, Carmel, New York
Planet Fitness, 145 New Hartford Road, New Hartford, New York
Power House gym, 1307 Champlin Avenue, Utica, New York
Curves for Women, 142 Black River Blvd., Rome, New York
Nautilus Heart Line(All American Fitness Center), 1 Campion Road, New Hartford, New York
Curves for Women, 7 Glenwood Plaza, Oneida, New York
Body Dimensions Health and Fitness Center, 207 Graham Street, Herkimer, New York
Buffalo Athletic Center, 69 Delaware Avenue, Buffalo, New York
Village Glen Tennis and Fitness Club, 162 Mill Street, Williamsville, New York
Jewish Community Center of Greater Buffalo, Inc., 2640 N. Forest Rd., Williamsville, NY
YMCA of Greater Buffalo, 280 Cayuga Rd., Cheektowaga, New York
Astoria Sports Complex, Inc., 34-38th Street, Astoria, New York
Body Elite, Ltd., 348 Court Street, Brooklyn, New York
Lucille Roberts, 32-62 Steinway Street, Long Island City, New York
Court Jester Athletic Club, 216 Reynolds Road, Johnson City, New York
American Family Fitness Center, 1806-1808 Vestal Parkway East, Vestal, New York
Body Awareness, 101 N. Wellwood Avenue, Lindenhurst, New York
Sportime, 275 Old Indian Head Road, Kings Park, New York
Lucille Roberts, 197 William Floyd Parkway, Shirley, New York
World Gym, 15 Hawkins Avenue, Amityville, New York
Eastern Athletics, 854 Jericho Turnpike, Dix Hills, New York
Center for Lifetime Wellness, 435 E. Henrietta Road, Rochester, New York
Chase Karate Academy, 3300 Monroe Avenue, Rochester, New York
Crudup's Karate Academy, 375 Helendale Road, Rochester, New York

Curves for Women, 3670 Lake Road, Brockport, New York
Curves for Women, 3240 Chili Avenue, Rochester, New York
Curves, 699 South Main Street, Canandaigua, New York
Curves, 205 Willow Creek Lane, Rochester, New York
Curves, 277 North Winton Road, Rochester, New York
The Fitness Station, 8385 Geneva Street, Interlaken, New York
Fitness Warehouse, 54 Canning Road, Hilton, New York
Flex Gym & Aerobics Center, 605 Culver Road, Rochester, New York
Harro East Athletic Club, 400 Andrews Street, Suite #101, Rochester, New York
Health Works Wellness & Fitness Center, 176 Denison Parkway East, Corning, New York
Hidden Valley Club, 199 Hidden Valley Road, Rochester, New York
Iron Butterfly Health Club, LLC, 7493 Route 96 Pittsford-Victor Road, Victor, New York
King's Athletic Club, 48 South Estate Drive, Webster, New York
Kuk Sool Won, 82 East Main Street, Webster, New York
Lifetime Fitness, Inc., 2200 Penfield Road, Penfield, New York
Logan Inn Pool & Fitness, 100 Clara Barton Street, Dansville, New York
Maximum Fitness, 12 North Park Academy Square, Seneca Falls, New York
Master Kim's Tae Kwon Do Institute, 3042 Ridge Road West, Rochester, New York
Master Kim's Tae Kwon Do Institute, 1601 Penfield Road, Rochester, New York
Mid-Town Athletic Club, 200 East Highland Drive, Rochester, New York
Papo's Karate Studio, 1000 Norton Street, Rochester, New York
Rochester Fitness Center, 3313 Chili Avenue, Rochester, New York
Rockell's Family Fitness Center, 474 Ridge Road West, Rochester, New York
S&S Fitness & Martial Arts Center, 49 King Street, Hamlin, New York
Tai Chi Ch'uan Center of Rochester, 80 Rockwood Place, Rochester, New York
Unified Tae Kwon Do, 202 Scottsville Road, Rochester, New York
United Martial Arts Center, 1780 Monroe Avenue, Rochester, New York
USA Masters Academy, 16 Raymour & Flanigan Plaza, Canandaigua, New York
Way to be Fit, 1880 East Ridge Road, Rochester, New York
Wayne Health & Fitness Center, 175 West Shore Blvd., Newark, New York
World Gym of Rochester, 1717 East Avenue, Rochester, New York
Yama-Ji Kan Dojo, 75 West Main Street, Webster, New York
Young Bae Kim's Tae Kwon Do, Inc. 2255 Ridge Road East, Rochester, New York
Gold's Gym, 15 Racquet Rd., Newburgh, New York
Gold's Gym, 982 Main Street, Fishkill, New York
Gold's Gym, 258 Titusville Road, Poughkeepsie, New York
Fitness Factory, 36 Forestburgh Road, Monticello, New York
Mountain Storm Jujitsu, Orange County Budokan, 30 North St., Middletown, New York
New Paltz Karate Academy, P.O. Box 1026, New Paltz, New York
Cani Fitness Center, 19472 US Route 11, Watertown, New York
Jazzercise, 22 Depot Street, Potsdam, New York 13676
Watertown Health & Racquet Club, 431 Eastern Boulevard, Watertown, New York
Gotham City Fitness, 2233 Westchester Avenue, Bronx, New York
J' Big Gym, 625 West 181st Street, New York, New York
Astral Fitness and Wellness Centerr, 5500 Broadway, Bronx, New York
Lucille Roberts, 1387 St. Nicolas Avenue, New York, New York

Curves for Women, 5037 Broadway, New York, New York

Health Clubs Not in Compliance with Sec. 3000-d of the Public Health Law

Bally Total Fitness, 47 Riverside Drive, Johnson City, New York
Courtside Racquet, 380 Pine Tree Road, Ithaca, New York
Curves, 12 Clinton Plaza, Oneonta, New York
Diamond Gym, 37 Philo Road West, Elmira, New York
The Elmira Gymnastics Club & Fitness Center, 828 Erie Street, Elmira, New York
Fingerlakes Gymnastics Academy, 215 Commercial Avenue, Ithaca, New York
Rexer's Karate Academy, 605 W. State Street, Ithaca, New York
Rexer's Karate Academy, 105 Washington Avenue, Endicott, New York
Muscles In Motion, 101 Main Street, Oneonta, New York
New York Sports & Fitness, 134 W. Water Street, Elmira, New York

American Beauty Health & Day Spa, 97-13th Road, Rego Park, New York
Flatbush Shotokan Karate Dojo, 5209 Church Avenue, Brooklyn, New York
Kosher Gym of New York, Inc., 1800 Coney Island Avenue, Brooklyn, New York
Curves International, 52 Court Street, Brooklyn, New York

Master Chong World Class Tae Kwon Do Center, 5921 Transit Road, Williamsville, NY
USA Self Defense Center USA, 6007 Brockton Dr, Lockport, New York
World's Gym, 5435 Sheridan Drive, Williamsville, New York
Fitness Factory, 2852 Delaware Avenue, Kenmore, New York
Gold's Gym, 1402 French Road, Lancaster, New York
Bally Total Fitness, 3880 E. Robinson Road, Amherst, New York
Stumpf's Gym, 2187 Wehrle Drive, Williamsville, New York

Skyclub, 5701 Arlington Avenue, Bronx, New York
Bally Total Fitness, 298 West 231st St., Bronx, New York
NYC Fitness, 3552 Broadway, New York, New York
Tennis Club of Riverdale, 2600 Netherland Avenue, Bronx, New York
Town Sports Int'l./New York Sports Club, 2311 Frederick Douglas Blvd., New York, NY
Powerhouse Gym, 1626 Bronxdale Avenue, Bronx, New York
Powerhouse Gym, 750 Central Avenue, Yonkers, New York

Curves for Women, 21 Bridge Street, Glen Cove, New York
Sunrise Health & Racquet, 6000 Sunrise Highway, Massapequa, New York
US Karate Academy, 4005 Long Beach Road, Island Park, New York
World Gym, 3728 Park Avenue, Wantagh, New York
Bally Total Fitness, 2935 Hempstead Turnpike, Levittown, New York

Fred Villaris Studio, 95 Margaret Street, Plattsburgh, New York

Curves, 41 Smithfield Blvd., Plattsburgh, New York
Bay Tennis Health Spa, 75 Bluffpoint Drive, Plattsburgh, New York
Durgan's fitness & Aerobic Center, 34 Durgan Road, Peru, New York
Essex Fitness Center, Inc., 2885 Essex Road, Essex, New York

Leaf Eaters/Curves, 790 Ulster Avenue, Poughkeepsie, New York
Hong's Karate School, 159 E. Broadway, Poughkeepsie, New York
Just for Kicks Martial Arts, 982 Main Street 12524, Poughkeepsie, New York
World Gym d/b/a Hudson Valley Fitness & therapy, 54 Grand Street, Newburgh, NY
Allsport, 234 North Road, Poughkeepsie, New York
Liberty Fitness Center, 85 North Main Street, Liberty, New York

Auburn Nautilus, 100 Genesee Mall, Auburn, New York
Central New York Karate&Kobudo Schools, Inc., 720 W. Manlius St., East Syracuse, NY
Masters of Karate of Cazenovia, Inc., 69 Nelson Street, Cazenovia, New York
Champions for Life Sports Center, 453 Grant Avenue Rd, Auburn, New York
The Fitness GAP, 4292 Fairgrounds Drive, Cortland, New York
Curves for Women, 3915 State Route 281, Cortland, New York
Bally Total Fitness, 9661 Carousel Center Drive, Syracuse, New York

Dolphin Fitness, 88 Merrick Road, Amityville, New York
Fit for Teens, 6268 Jericho Turnpike, Commack, New York
Academy of Boxing for Women, 2077 New York Avenue, Huntington, New York
Bally Total Fitness, 1147 Sunrise Highway, Copiague, New York
Tiger Schulman, 1926 Jericho Turnpike, East Northport, New York

Bailey's Karate School, 5872 Rome-Taberg Road, Rome, New York
The Fitness Mill LLC, 587 Main Street, New York Mills, New York
Nat's Gym, 142 N. Main Street, Herkimer, New York
Owen's Martial Arts, 128 Phelps Street, Oneida, New York
Scalise Tae Kwon Do, 587 Main Street, New York Mills, New York

Curves, Rt. 11 Seaway Plaza, Watertown, New York
Curves, 1511 Washington Street, Watertown, New York
Curves, 7383 Utica Blvd., Lowville, New York
Curves, 50 Avert Avenue, Utica, New York
World Class Tae Kwon Do, 241 State Street, Watertown, New York

Armonk Martial Arts, 111 Bedford Road, Armonk, New York
Saw Mill Club, 77 Kensico Drive, Mt. Kisco, New York
Sportsplex, 2902 Route 9W, New Windsor, New York
Verizon Fitness Center, 500 Summit lake Drive, Valhalla, New York

Verizon Fitness Center, 500 Westchester Avenue, White Plains, New York
Bally Total Fitness, 33 LeCount Place, New Rochelle, New York
Bally Total Fitness, 260 Boston Post Road, Port Chester, New York
Bally Total Fitness, 589 Tuckahoe Road, Yonkers, New York

Westchester Martial Arts Academy, 3 Sunnyside Terrace, Eastchester, New York
Women for Fitness, 170 Harris Road, Bedford Hills, New York
Tiger Schulmann's Nanuet Karate, Inc. 428 Nanuet Mall South, Nanuet, New York

Academy of Chinese Indonesian Fighting Arts, 80 Rochwood Place, Rochester, New York
Advantage Sports Performance, 800 Elmgrove Road - Suite 2, Rochester, New York
Advantage Sports Performance, 865 Publishers Way, Webster, New York
Advantage Sports Performance, 3313 Chili Avenue, Rochester, New York
Aikido Koki-Kai of Rochester, 250 Cumberland Street, Rochester, New York
Arikata Martial Arts, 3208 Latta Road, Rochester, New York
Bally Total Fitness, 1225 Jefferson Road, Rochester, New York
Bally Total Fitness, 3160 Ridge Road West, Rochester, New York
Boundaries Gym, 2256 Hudson Avenue, Rochester, New York
Bushido Kai Judo/Jujitsu Club, 1985 Baird Road, Penfield, New York
Curves for Women, 5568 East Avon Plaza, Avon, New York
Curves for Women, 563 Titus Avenue, Rochester, New York
Curves for Women, 34 Slayton Avenue, Spencerport, New York
Curves for Women, 2340 Lyell Avenue, Rochester, New York
Curves for Women, 2590 Ridge Road West, Rochester, New York
Curves for Women, Plum Bottom, Inc., 386 Westwood Road, Lancaster, New York
Curves for Women, 109 Lake Avenue, Hilton, New York
Curves for Women, 4420 Dewey Avenue, Rochester, New York
Curves for Women, 1694 Penfield Road, Rochester, New York
Curves for Women, 910 Holt Road, Webster, New York
Curves, 2735 State Route 96, Clifton Springs, New York

Curves, 4286 Lakeville Road, Geneseo, New York
Curves, 126 Harrison Street, Newark, New York
Curves, 47 Maple Avenue, Sodus, New York
Curves, 109 Kimball Avenue, Penn Yan, New York
Curves, 352 West Washington Street, Bath, New York
Curves, 116 Bridge Street, Corning, New York
Curves, 1503 Canandaigua Road, Macedon, New York
Curves, 5 Assembly Drive, Mendon, New York
Curves, 7499 Seneca Road North, Hornell, New York
David Aquino's Karate Self-Defense, 160 School Street, Victor, New York
Discover Exercise Health & Fitness Center, 20 East Main Street, Waterloo, New York
Downtown Fitness Club, 50 Chestnut Street, Rochester, New York
Family Fun Dojo, Inc., 1455 East Henrietta Road, Rochester, New York
Finger Lakes Fitness and Racquet Club, 3040 County Road 10, Canandaigua, New York
Fitness on the Run, 1778 Empire Boulevard, Webster, New York

Georgetown Park Apartments, 410 DeGeorge Circle, Rochester, New York
Gold's Gym, 726 Ridge Road East, Rochester, New York
Gymnastics Training Center or Rochester, Inc., 2051 Fairport Nine Mile Point Rd., Penfield, NY
Hilton Kyokushin Karate, 60 Canning Street, Hilton, New York
Inches-A-Weigh, 1014 Plank Road, Webster, New York
Jewish Community Center, 1200 Edgewood Avenue, Rochester, New York
K&L Fitness Center, Inc., 964 Ridge Road, Webster, New York
Kyokushin Karate Fitness USA, 482 Ridge Road West, Rochester, New York
Lion's Fountain Fitness, Inc., 349 West Commercial St., East Rochester, New York
The Little Gym of Perinton-Pittsford, 6720 Pittsford-Palmyra Road, Fairport, New York
Martial Arts America, 3450 Winton Place, Rochester, New York
Martial Arts America, 2160 Penfield Road, Penfield, New York
Master Wong Mu Dong Kung Ku Training Academy, 760 Ridge Road East, Rochester, NY
Meng's of Rochester, 55 St. Paul Street, Rochester, New York
Murray's Martial Arts Center, 4410 Dewey Avenue, Rochester, New York
Murray's Martial Arts Center, 1764 Empire Boulevard, Webster, New York
Murray's Martial Arts Center, A1 Country Club Road, East Rochester, New York
Murray's Martial Arts Center, 53 West Main Street, Brockport, New York
Murray's Martial Arts Center, 697 Titus Avenue, Rochester, New York
Northern Hemisphere Gymnastics, 82 East Main Street, Webster, New York
Paula's Metro Fitness, 1100 Long Pond Road, Rochester, New York
Penfield Racquet & Fitness Club, 667 Panorama Trail West, Rochester, New York
PHA Health Wellness & Fitness Center, 3450 Winton Place, Rochester, New York
Pilates Center of Rochester, 277 Goodman Street North, Rochester, New York
Pilates Plus, 2171 Monroe Avenue, Rochester, New York
Pursels New York Fitness, 3163 State Street, Caledonia, New York
Rochester Shaolin Kung Fu Academy, 425 Stone Road, Rochester, New York
Rochester Spa & Body Club, 109 Liberty Pole Way, Rochester, New York

Samurai Martial Arts, 1512 Spencerport Road, Rochester, New York
Seidokan New York Karate, 367 Doewood Lane, Rochester, New York
Sho-Shin Marshall Arts, 1115 Main Street East, Rochester, New York
Sports Performance Training Center, Inc., 161 East Commercial St., East Rochester, New York
Star Sports Performance, 790 Aryault Road, Fairport, New York
Tone Zone Health & Fitness Center, 880 Elmgrove Road, Rochester, New York
Victors Gymnastics & Cheerleading Training Ctr, LLC, 3800 Dewey Ave., Rochester, NY
World Gym of Webster, 187 West Main Street, Webster, New York
World Tae Kwon Do Center, 3035 Monroe Avenue, Rochester, New York
X Treme Fitness USA Incorporated, 66 Stanley Street, Mount Morris, New York

.....e:2004 IHRS/American Sports Data Health Club Trend Report
.....Heart Association 2005 Guidelines for Cardiopulmonary Resuscitation and
Emergency Cardiac Care
Ibid
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